

CASE STUDY ON HEALING OF AUTISM DISORDER BY THE TRAN MESSAGE OF BODY

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Abstract— This is a case study on the healing of Autism by the Tran Message of body. The Tran Message of body recognizes human beings connected with body, mind and soul as they are, restores their potential and helps self-healing. It is still rare to find preceding researches on this field. Therefore, we have to study the Tran Message of body. This study aimed to ease pain of children with autism spectrum disorder(ASD),and to heal them. In checking the symptoms of the three participants in this research, we found that they were marked by extreme unresponsiveness to others, severe communication deficits, overly rigid and repetitive behaviors, interests and activities. In diagnosis, it seemed that there were a noticeable lack of affection between all the participants and their parents. The healing was dominated by the recovery of trust with the main caregiver (mother). We assumed that this was the way for the child to have faith in the world and to develop his identity. In conclusion, this study revealed that although the disorder was the same, the causes and the healing principles were different. Nevertheless, The Tran Message of body is considered to require continuous research.

Keywords— Tran Massage of body, Healing, Autism, Case study, Narrative

1. INTRODUCTION

In the development of modern medicine, human beings have been freed from the fear of disease. Nevertheless, the number of neurotic incidence is not declining today. To reduce the neurotic incidence, natural healing therapies for diseases considered difficult to cure by modern medicine are recently emerging. One of these methods is the Tran Message of body [1], which is possessed by unique individuals. When a person with TRAN MESSAGE encounters someone with disease symptoms, that person will automatically touch the affected area, diagnose the unhealthy or affected part of the body, and empathize with it. The symptoms revealed with the disease can be traced to any energy disorder. The person will be able to recognize details of the pain e.g. what causes it and through what method it can be healed. In this study, clients are taught to recognize the physical, psychological, mental and environmental problems of their health and helped them to practice self-healing by recovering their inherent potential.

This is a case study on children with ASD (Autism Spectrum Disorder). It is also a narrative study that expresses each subject well and describes them vividly. According to DSM-5[2 [3], Autism spectrum disorder (ASD) is a developmental disorder [4][5] such as

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social interaction disorder, communication disorder, speech disorder, behavioral disorder and a state lost in his own world because of intellectual and cognitive deficits. ASD is characterized by extreme unresponsiveness to others, severe communication deficits, overly rigid and repetitive behaviors, interests and activities.

The cause of autism spectrum disorder is the failure to develop mind theory. Theory of mind is the perception that people act based on their beliefs, intentions and mental states, and not on information.[6][7] More recent studies in the biological and psychological domain have led clinical theorists to think that cognitive problems and brain abnormalities are the primary causes of autism.[8] In the relatively recent years, as technology and theory have become the basis of scientific research models, psychologists have introduced experimental methods to test their hypotheses. Even clinicians and researchers who prefer technical methods tend to take scientific data on the data collected by objective method rather than interpreting the case data obtained from patients with clinical intuition. As described above, ASD is a neurodevelopmental disorder according to DSM-5, which integrates past childhood autism, childhood autism, high function autism, childhood decay disorder, Asperger's disorder and other general disorders into ASD.

Narrative research is a way [9] to find the meaning of experiences in the process of talking about and retelling the experiences with which human beings meet in life, and to study the process of living a new life based on this. It is also the most appropriate research method [10] for capturing, interpreting and healing the client's experiences in the context of time, place, and sociality as the client and counselor interact in the psychological counseling area.

Narrative research tells stories that are more than just an enumerated and told story. It is a story with a meaningful life. It retells and revises the story while telling the story, and creates a new story[11].

This study is aimed to compose a narrative with the stories in which the life of the children with autism disorder will be examined, understand their experiences, and heal them by the Tran Message of body. Tran Message of body is where the human being is connected to the body, mind and soul. A sound (the Tran Message) of body is heard by the healer, and then heal the person with balance. Studies on this method is rare. Therefore, this research is necessary to ease the pain of children with ASD and, of course, to heal them.

2. STUDY METHOD

2.1. STUDY PLAN

This study was conducted from March 2019 to December 2019. The healing period was from May 1, 2019 to October 31, 2019, a total of six months.

2.2. STUDY PARTICIPANTS

5 people were recruited to run this study. There were 5 applicants, but 2 of them were out of this study for the reason that the individual's condition or purpose was not appropriate for this study. Therefore, this study was conducted with the remaining 3 people.

Participants in this study were three males aged 6, 15, and 18 with a common disability of ASD. They were continuously treated by modern medicine but later shifted to a research center offering Tran Message because they find the earlier method ineffective. Since the study participants were all minors, the study was conducted after explaining the contents of the study to their parents as well as after getting the participants' approval.

2.3. DATA ANALYSIS

This is a narrative research based on subjective interpretive epistemology. It studies and interprets the unmanipulated words or behavioral trace of the study participants, and finds the meanings of their behavior. [12] Narrative research provides a framework for thinking about experience in a three-dimensional space that is not only a phenomena but also a situation, continuity, and interaction. As a form of inquiry that seeks to understand human experiences, it focuses on understanding humans and understanding human experiences before understanding the diseases that give meaning to the basic structure of experience. The experience of pre-language trauma is unrecognizable and unrememberable, which gives unity to the unclarity of experience in the three-dimensional space of researchers and participants.

This study was conducted according to the narrative exploration procedure suggested by Clandinin and Connelly (2000). The entire process of performing the narrative exploration method is 'entering into the field' second, 'from field to field text' third, composing field text, fourth, 'from field text to research text' fifth, and 'writing research text'. However, these processes are not strictly classified. Therefore, in this study, the narrative research procedure was composed of three steps: 'entering the field', 'composing the field text', and 'composing the research text'.

3. STUDY RESULT

3.1. DESCRIPTIVE NARRATIVES (SYMPTOMS)

The three participants had severe autism spectrum disorders as indicated by the hospital certificate. They were characterized by extreme unresponsiveness to others, severe communication deficits, overly rigid and repetitive behaviors, interests and activities.

The 6-year-old participant was a kindergartner brought by his mother. The outwardly neat and handsome child neither made eye contact nor spoke as soon as he sat down. Even though his mom gave him some candy, he could not unwrap it. His mom told the counselors that one month after her child entered kindergarten, she was told to take him back home because he was autistic. The child has been determined to have an untreatable disorder not only from the Korean traditional medicine but also from the occidental medicine. His mom said that she worked as a teacher together with her husband and lived hard, but she did not know that her child had such a disorder, and could not do anything for him. She also said that because she had to work together, her child was, since born, reared by his grandmother, the oldest and the younger aunts.”

The 15-year-old participant also visited the research center with her parents and appeared to be tall, thin, underweight and weak. While sitting, he cast a side glance at the research center. Whatever the research center asked including his name, he just said a word 'yes'. Though he was asked his age, he answered 'Yes'. Though asked what his name was, he said 'Yes'. His parents said that they had a disability registration because they could not afford their child. His elder brother has suffered the physically handicapped autistic disorder. During long-term treatment, he has become the center of his family. He also suffered from autism disorder but was more severe than the client.

The 17-year-old participant looked enervated, and had dull eyes. He was a long-term patient who had been treated for autism spectrum disorder for 17 years. But he was not in remission. Therefore, he visited the research center. He was diagnosed with the ASD, attention deficit, deficiency of language, cognition and social function and had anxiety disorder as well.

3.2. EXPLANATORY NARRATIVES (CAUSE)

According to the diagnosis of the three participants for this study, they noticeably suffered from lack of affection from their parents in common. It seems that the experiences of their childhood had a profound effect on the mental health of being adults.

From his birth onwards, the six-year-old participant had no opportunity to form an attachment to his parents because they were both dual-working. When the counselor put her hand on the child's chest, she found that the child's chest was cold and empty and had no connected energy. There were no mother in the mind of the six-year-old child. He seemed to have no connection with any energy. The child had no energy to do something. All the energy lines didn't work. The child was trapped in the dark, had no idea, and had no power.

The 15-year-old participant seemed to have the tangle of family relations in the Tran Message of Body as soon as he made eye contact with counselors. The tangle was connected to the original family but the 15-year-old participant was nowhere in the entangled family. The counselors looked for him and found him sitting in a corner. Maybe, because of the long illness of his elder brother, his parents' interests were biased toward him. Therefore, it seemed that his self-obliteration and anger drove him to enervation. The counselor's hand went to the participant's neck and upper back, and the upper back and neck were stiff. The participant was rigid and there was no receptive energy throughout the body.

The counselor put her hand on the hand of the 17-year-old Participant. The Tran Message from his hand let her feel the shock and fear which he experienced in infants. She also felt that all the energy of his body was blocked. The blockage of energy seemed to prevent all the functions from developing. The head, body, arms and legs are blocked. The disorder shown as autism was not a cause but a result. And if what the body wants was solved, the disorder was not already a disorder.

3.2. HEALING

In conclusion, all three participants needed to restore trust with the primary caregiver or the mother. Children had to build faith in the world and their identity. When the counselor's hand touched the chest of a 6-year-old participant, a "cor-reok cor-reok" began to sound from the chest. The child began to breathe as soon as her chest sounded. The child made profound sigh. The chest of the child began to warm up. The counselor made his mother take time off from work and care for her child so that he could accept her and recover family relationship. He received treatment with his mother and his consciousness of mother was also corrected through healing for two months. In his consciousness of mother, the frame of subjective judgment and irrational belief changed rationally. As the LUX of the consciousness of mother rose, the child also healed. As the child had a good circulation of energy, he was able to breathe normally. Through interactions with the main caregiver, the development has been normalized in five parts (language, body, cognition, emotion and society).

“Mom, don't go anywhere!” “Mom, do you love me?”

“Daddy, eat something delicious with mom!”

“We are together, right?” “Hehehe” “I'm shy.”

As with the 15-year old participant, when the counselor touched his neck, his neck softened and noticed a warm energy flowing.

The 15-year-old participant found himself where he is himself in a tangle of family relationships. He was given new awareness to family relationships so that all of them could play a right role in family relationships. Along with breathing, energy flowed through out

their body from head to toe. As energy flowed, each body could function smoothly. The energy of language-related functions (body organs such as the brain, neck, mouth, heart, lungs and kidneys) can play their own role too. The body organs were able to produce a clear sound wave and express their own minds and feelings in language. Due to normal food intake, he overcame eating disorders and regained his confidence by developing inner power. Besides, as he restored a family relationship with his parents and elder brother, the love between family members also was growing.

“Mom! Mom! You are my mom, right?”, “What I want to eat is rice!”,

“You’re warm at heart! .” “Brother, go together with us!”,

“I want to play with my friend, too.”, “I should eat with my brother. It’s good for me.”

The counselor's hand touched the head of the 17-year-old participant, and the tight energy flow began to move by jerk. Then, the counselor’s hands moved back to his chest but there was still no great flow of energy. As the hand of the counselor went to the arms and legs to give warm warmth, energy began to flow slowly. In the case of the 17-year-old participant, his perception on parents must be changed. They realized that their son was treated as an autistic child for 17 years and why he abnormally perceived and resisted them. It helped them changed. As the participant’s energy flows well, the brightness of his consciousness (LUX) also increased. The energy of shock experienced at that time flowed out with a large amount of urine. They canceled the disability registration of their son as his body told the counselors. While the counselor put her hand on the participant's chest and back, the fear tied with the subconscious was healed. His defense mechanism was no longer used.

“I’m shy!”, “I’m free from disability!”, “I’m light enough to fly in the sky!”

“Thank God, I didn’t die!”, “I’m hungry!”, “Mom, I love you!”, “Thank you!”

In healing, the disorder is the same but the cause is different, therefore, the healing principle is also different. The healing principle is appropriate to the trauma of each client.

4. CONCLUSION AND CONSIDERATION

As a result of this study, it was found that there were external factors affecting ASD such as environment, and internal factors including psychology, and the other factors such as biological and potential unconsciousness etc. It was also found that all the participants were not aware of the factors and causes and concentrated on treating only the symptoms revealed by the disorder. Therefore, this study is aimed at their bodies signals and show what they do not recognize and to respond what they need as they are.

The healing by the Tran Message of body not only heals the physical body but also the mental and spiritual body. Someone diagnosed with the same disease can have other symptoms and the healing effect can also be different. Before knowing about the world, and even before learning to talk, the child with autism spectrum disorder was connected with his parents’ thoughts, minds, and consciousness. It was later affected by his parents. Therefore, such an influence led the loss of balance and appearance of the symptom. So, prelinguistic thought and mental expression are autistic symptoms.

In general, there is no way to guarantee complete cure of autism spectrum disorder. There are just individualized special education, speech therapy, behavioral modification therapy, and medication, which are long-term supplementary treatments[13].

In conclusion, we could confirm that the cause of autism disorder was psychological through this study. While this method recognizes and solves the fundamental problems of

each client, we think that the healing by the Tran Message of body is more sophisticated and tailored healing. However, we continuously need to study systematically this field.

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