Thermal Characteristics Analysis of Moxibustion Apparatus Capable of Controlling Temperature by Applying RS485 Communication

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Abstract

This paper is based on a previous study on the temperature characteristics of thermal moxibustion for clinical trials. Moxa is one of Korea's traditional medical therapies, using thermal and chemical stimulations to cure and prevent diseases. Moxibustion is used by burning a pellet-like moxa cone put on the meridian and affected regions of the body, and the heat and products generated by burning triggers stimulations for treatment. As the previous study was about the quantification of traditional moxa cautery, this study developed a moxibustion apparatus for application to the experimental animal. The developed moxibustion apparatus enabled constant uniform heating by passing the temperature data of heater read through the K-type sensor to MCU by using RS485 communication. As a result, it was found that the temperature of the heater used in a moxibustion apparatus is $120 \,^\circ$ C the uniform heat is passed in treatment temperature. It was also found that adjusting the duty rate can help pass the heat of various patterns.

Keywords: Moxibustion, Traditional Medical, RS485,

1. Introduction

Moxibustion is used as a treatment by using thermal and chemical stimulation generated when mugwort or other medicinal materials are burnt on the diseased peat or meridian system [1-4]. Even the same moxa cone can generate different kinds of heat and products generated by burning because of its different density and weight [7,8]. Such differences can lead to a difficulty in equal thermal and chemical stimulations, and cause difficult quantitative evaluation, which is a typical problem of traditional medical science. In particular, thermal response takes direct heat transmission to an affected region, so that if the thermal stimulation grows strong, it can cause severe pain and a suppurative scar on the skin [5, 6]. Much research on moxa treatment, which uses thermal and chemical stimulations, has mainly been conducted on heat transfer to supplement side effects like a burn scar. This paper produced a liquefied extract whose chemical stimulation is similar to a burning product's, and made possible quantitative heat transfer to an affected body region. Also, it created a heating system to give thermal stimulation to an affected body region, and designed and developed an apparatus to transmit heat safely and precisely by applying a thermistor.

2. Concept

Moxibustion is attached to warm the diseased area directly or indirectly, and mugwort stimulates the diseased area. In order to study the effect of moxa treatment, we developed a small moxibustion apparatus with which the uniform heat can be applied to the affected area. Also, as treatment by a burning material, we selected the method of applying extracted liquid from a mugwort used as a medicinal substance to the affected area. The moxibustion apparatus is composed of a heating section, which can directly transfer heat to the diseased area, and the control device. Moxibustion apparatus was designed to control temperature simultaneously or individually, to apply 6 heaters to a number of affected areas. In this study, moxibustion apparatus to transfer an extract to an affected body region for thermal and chemical stimulations used a micro-controller for precise control. Figure 1 shows the composition diagram of a moxibustion apparatus.

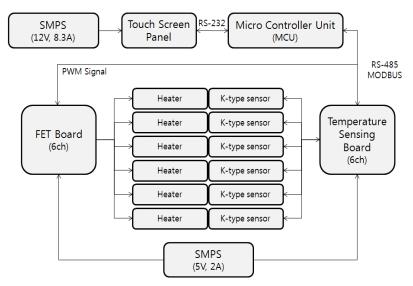


Figure 1. Diagram of a Moxibustion Apparatus

The produced device used a touch screen panel to check and enter the temperature status and operating time of heater, etc. [9]. For operation of the touch screen panel, a separate 12V SMPS (Switching Mode Power Supply) was used. Control signals could also be transferred by using MCU (Micro Controller Unit) and RS232 communication. In case of MCU used for overall control of the device, MPC82G516 with 8 bit RISC (Reduced Instruction Set Computer) was used. MCU operation speed is fast and can communicate with the touch screen panel used and temperature sensing module because it has 2 UART (Universal Asynchronous Receiver Transmitter) ports. The temperature of the heater was controlled by PWM (Pulse Width Modulation) and designed to be controlled by 1 °C up to 300 °C. The cylindrical ceramic heater with a diameter of 3.7mm was applied as a heater used in the device in order to indirectly transfer heat to the affected area by using a cauterizing plate commonly used in clinical treatment. A K-type sensor is attached to the outside of each ceramic heater and the thermal can be measured up to $-100 \sim 550$ °C through AT command in the temperature sensing module designed to measure the thermal of 6ch. The thermal of heater measured in real time in temperature sensing module is transferred to MCU by using RS485 communication and can be maintained uniformly.

3. Experiment

3.1. Moxa Cone

Traditional moxa treatment includes a direct-heating method to burn the materials directly on the skin, and an indirect-heating method to allow some space between the skin and moxibustion and not to allow direct skin contact [10]. Moxa cautery used in clinical treatment uses the method of directly transferring heat by burning a moxa cone made by drying mugwort, and then compressing it into pellet form. In this study, we checked thermal characteristics passed to the contact surface by using a cauterizing plate that can burn 1 moxa cone in order to apply it to experimental animals. In order to measure the characteristics of the thermal reaching the actual affected area, the experiment was carried out at 22 ± 1 °C of outside temperature. To measure the surface thermal, temperature changes for 20 minutes after the start of combustion reaction were measured 5 times by creating OPP (Oriented polypropylene) film on the bottom of cauterizing plate and using an infrared thermometer. Figure 2 shows surface temperature changes occurring during the combustion reaction of moxa cone.

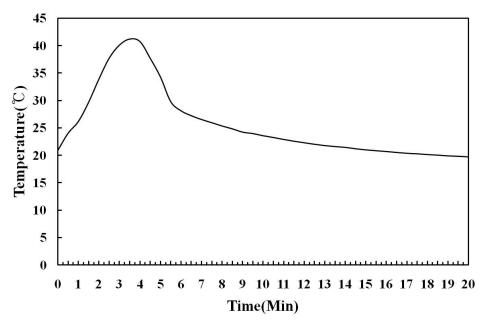


Figure 2. The Temperature Change According to the Reaction Time of the Moxa Cone Combustion

Moxibustion treatment of transferring indirect heat is known to be effective at 40 °C or more. According to temperature measurement results, the temperature was rising slowly after combustion reaction and reached more than 40 °C, which was the treatment temperature range in about 3 minutes, and was lowered sharply after maintaining the treatment temperature range for about 1 minute.

3.2. Moxibustion Apparatus

In this study, we measured temperature changes of indirect heat for 20 minutes by applying a cauterizing plate used in a combustion reaction of a moxibustion apparatus. The temperature of the ceramic heater was set to 100 °C, 120 °C, 140 °C and the experiment was carried out after setting to hold for 5 minutes in full duty. Figure 3 shows the changes in indirect heat according to heater setting temperature.

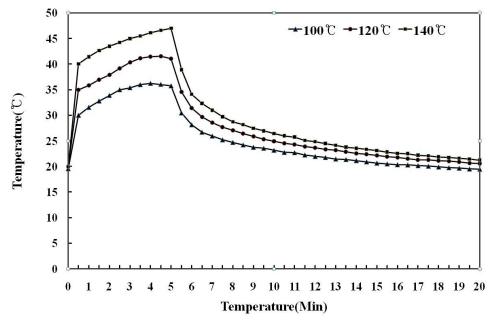


Figure 3. The Changes in Indirect Heat According to Heater Setting Temperature

About 5 to 6 seconds were taken until the heater was heated to the set temperature in full duty. However, as shown in Figure 3, it was found that the temperature of heat transferred indirectly changes rapidly in about 30 seconds after the operation of the equipment. Also, depending on the setting temperature of heater, indirect heat showed rapid changes in temperature for 30 seconds, about 30 °C in case of 100 °C, about 35 °C in case of 120 °C, and about 40 °C in case of 140 °C, and the temperature increased relatively slowly afterward. As with the burning of moxa cone, it reached the treatment temperature in about 3 minutes when the temperature of heater is 120 °C. Also, it turned out that continuous treatment temperature range could be maintained until 5 minutes of treatment time.

3.2. Thermal Stimulation

In this study, the PWM method was applied for heating the heater. This is intended to apply thermal stimulation of different patterns by adjusting the time required until indirect heat reaches the treatment temperature. According to the results of Figure 3, the heating pattern similar to moxibustion treatment by existing combustion reaction was shown when the setting temperature of the heater is 120 °C. These results occurred while the heater maintains the temperature constantly and, when lowering the actual duty rate, it takes much time to reach the treatment temperature range. Therefore, in order to analyze reaching of indirect heat to the treatment temperature and heating patterns during a relatively short period of time, we analyzed the temperature characteristics of the heater and indirect heat for 5 minutes by setting the temperature of the heater to 140 °C and classifying duty rate of PWM into 20% unit from 100 to 20. Figures 4 and 5 show the temperature change of the heater and indirect heat.

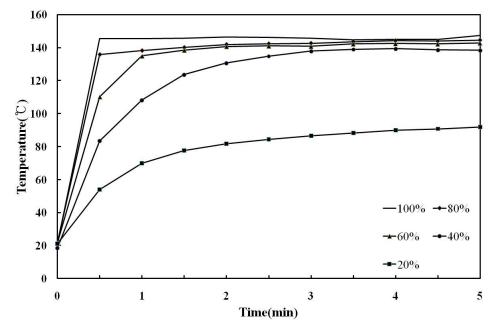


Figure 4. The Temperature Change of the Heater According to the Duty Rate

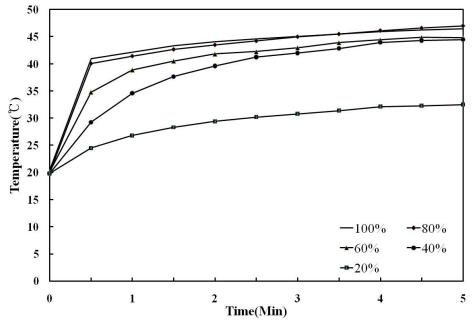


Figure 5. The Temperature Change of Indirect Heat According to the Duty Rate

The heating time of the heater can be controlled depending on duty rate changes, which means that indirect heat transferred actually can also be controlled in the range the user wants.

4. Conclusions

The proposed moxibustion treatment has emphasized safety against thermal stimulation. In this study, we developed a small moxibustion apparatus capable of indirect and uniform thermal stimulation, and analyzed heat characteristics for quantifying moxibustion used in Oriental medicine. The developed moxibustion apparatus used the method of creating indirect heat by applying a cylindrical silicon heater with a diameter of 3.7mm to a cauterizing plate used in the clinical treatment. Also, in order to apply it to a number of affected areas or animals, it was designed to operate independently on 6 heating bodies. In addition, the temperature can be controlled by transferring the temperature detected through the K-type sensor attached to the outside of the heater, as well as various patterns of thermal stimulation to MCU with RS485 communication by applying PWM method to heating the ceramic heater. It was found that indirect heat transferred when burning 1 moxa cone lasts for about one minute at more than 40 °C, the treatment temperature range in 3 minutes. In order to implement a heating pattern which is similar to combustion reaction, we analyzed thermal characteristics for 20 minutes by varying the heater temperature conditions of the device produced. As a result, like the burning of moxa cone, when operated at 120 °C, it reached the treatment temperature in about 3 minutes, and the treatment temperature can be constantly maintained up to 5 minutes, which is the set treatment temperature. In order to induce a variety of heating patterns, we controlled the temperature of the heater by applying PWM method to temperature control of the heater. As duty rate is controlled, indirect heat reaching the actual affected area could also be controlled.

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